



Palm Beach Shores Resort

Day Spa

181 Ocean Avenue
Palm Beach Shores, FL 33404

(561) 863-1707
In house extension #1048

Spa Hours: Monday - Friday ~ 9am - 6pm

*Appointments for select services available 7:45am - 8pm

Saturday & Sunday ~ By appointment only

**Prices valid 10/01/2016 - 12/31/2016*

Day Spa Menu

Nail Services

We offer a full service nail salon. While walk-ins are welcome when available, reservations are highly recommended.

Manicure	\$20
Gelish/Shellac Manicure	\$40
Polish Change	\$12
Gelish/Shellac Soak Off	\$12
Polish Change Toes	\$16
Add French Polish	\$5

Spa Pedicure

60 Minutes \$55

Relax and recline while your feet soak in a mineral enriched moisturizing whirlpool bath. This ultimate pedicure includes exfoliation, callous treatment, foot mask, lower leg and foot massage and the shaping and painting of your toe nails.

Mini Pedicure

30 Minutes \$35

Short on time? This is the pedicure for you! Our mini pedicure includes everything our Spa Pedicure provides, minus the foot mask and lower leg and foot massage.

Foot Massage

30 Minutes \$35
50 Minutes \$50

Enjoy a hot Jacuzzi foot soak, followed by a relaxing and rejuvenating lower leg and foot massage with our signature eucalyptus and peppermint foot balm.

Facials

Personalized Spa Facial

60 Minutes \$75

Whatever your skin type, let our highly trained estheticians customize this facial to help you reach your skin care goals. As an added luxury, all facials include hand, arm, face, neck and shoulder massage.

Optional Add-Ons

Eye Puffiness Treatment	\$25
Eye or Lip Wrinkle Treatment	\$25
Floracide Peel	\$30

Luminous Anti-Aging Facial

60 Minutes \$125

Great for sun-lovers! Designed to reduce fine lines, strengthen elasticity, and provide relief for dull, sun-damaged skin. After your European-style deep pore cleansing, a potent concentrate of Vitamin "C" is applied, followed by a micronized seaweed-based massage cream, and ending with lift off Vitamin "C" mask. Your complexion resurfaces renewed, firm and extremely smooth with a luminous glow.

Mini-Facial/Massage Combo.

60 Minutes \$90

The best of both worlds in half the time! This treatment includes a full-body Swedish massage combined with a slightly abbreviated version of our Personalized Spa Facial.

Eyelash/Eyebrow Tinting

Black / Dark Brown / Medium Brown / Light Brown

Eyelashes	\$30
Eyebrows	\$45
Eyelashes and Eyebrows	\$65

Massages

Swedish Massage

Through light to medium pressure, this full body massage improves circulation and relieves muscle tension.

30 Minutes (Spot work)	\$45
60 Minutes	\$85
90 Minutes	\$120
Couples Massage (60 Min.)	\$160

Optional Add-Ons

Deep Tissue	\$15 per hour
Aromatherapy	\$10

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## *Warm Bamboo Massage*

60 Minutes \$90

Your therapist uses varying sizes of heated bamboo rods and long flowing strokes to knead your muscles, providing a deeply relaxing and luxurious massage. The smooth bamboo ends help to focus on all those stubborn 'knots'.

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Trigger Point Sports Massage

60 Minutes \$95

This specialty massage addresses common chronic and injury-related pains caused by tension and stress.

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## *Hot Stone Massage*

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| 50 Minutes | \$115 |
| 80 Minutes | \$155 |

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Reflexology

Hand and foot massage

30 Minutes	\$50
45 Minutes	\$65

Body Wraps

Seaweed Body Wrap

60 Minutes \$85

Boost your body's efforts to detoxify, remove excess water weight, and improve skin's elasticity. Our soothing, firming seaweed mask is applied from head to toe. Luxuriate in a cocoon of warmth while your skin benefits from the natural power of seaweed - rich in vitamins, minerals, enzymes and iodine. Once the seaweed works its magic it is rinsed away, and a firming, moisturizing emulsion is applied.

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## *Tropical Escape Papaya Pineapple*

### *Body Wrap*

60 Minutes \$75

Nourishing and repairing, this wrap counteracts premature aging and sun damage by delivering wrinkle-smoothing and rejuvenating benefits. Skin is deeply nourished and rejuvenated, revealing a decrease in body crepiness and wrinkles.

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Optional Add-Ons

Enjoy one of the following during your wrap time!

15 minute foot massage	\$15
15 minute neck, face and head massage	\$15
20 minute foot, neck, face and head massage	\$20

Body Treatments

*Papaya Pineapple
Exfoliating Body Glow*
45 Minutes \$65

Or add onto any full body massage or body treatment for \$55

Eliminates dead cells and impurities, refines the epidermis, releases negative ions, reenergizes the skin and renders skin soft and silky. Smells fantastic, feels amazing, and is a wonderful pre-massage treatment!

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*Sunburn Treatment*  
30 Minutes \$50

We gently apply Fiji lotion over sunburned skin to relieve discomfort, tone redness, help prevent peeling and preserve your tan. Fiji lotion contains cold-pressed oil from the Dilo tree, which possesses a unique capacity to enhance the skin's own repair mechanism. Helps to soothe pain, irritation and inflammation, and to promote the growth of healthy skin.

Optional Add-On

30 minute spot massage \$25  
(For non-sunburned areas)

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Back Treatment
60 Minutes \$75

A facial for your back! Includes steam, cleansing, exfoliating, extractions, massage, masque, and moisturizing.

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*Hot Oil Scalp Treatment*  
45 Minutes \$55

Specialized aromatherapy infused oil is selected according to your hair type, and massaged into the scalp and throughout every strand of hair. While the oil is given time to penetrate, enjoy your choice of facial massage or foot massage.

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Cellulite Reduction Treatment
60 Minutes \$85
Series of 3 \$215
(\$255 value)

Thirty minute deep massage starting at your feet, then concentrating on areas prone to cellulite (hips, thighs, buttocks*). A special firming and toning massage cream is used to break down fatty deposits. Relax in a cocoon of warmth and enjoy a wonderful neck and shoulder massage as products penetrate.

*If additional treatment areas are desired beyond those specified, a fee of \$5 per requested area will be added to each treatment.

Packages

Special Day of Pampering
3.5 Hours \$195
(\$235 value)

Spend the day being good to yourself. Start with a calming, soothing and relaxing Swedish massage, followed by a one hour Personalized Spa Facial, both complemented by soft lighting and soothing music. To complete this luxurious experience, settle in and relax for your personalized manicure and spa pedicure.

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*Weekly Stay Spa Special*  
3 Hours \$215  
(\$255 value)

Treat yourself to three 60-minute Swedish massages, to be used throughout your vacation! (Package must be paid in full at time of first appointment.)

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Combination Treatments

Choose any 2 of the following services
\$90

30 Minute Mini-Facial
30 Minute Spot Massage
Lip and Eye Wrinkle Treatment
30 Minute Hot Oil Scalp Treatment
30 Minute Back Treatment

***** Cancellation Policy *****

Any **cancellations or changes** to treatment or appointment time within 24 hours of scheduled services will result in a charge of up to the full price of your intended session.

Discounts available for in-house Palm Beach Shores Resort owners only. Owner card **MUST** be presented at time of service for discount to apply. Discounts and coupons apply to 60 minute Swedish massage, manicure and Spa Pedicure **only**, and cannot be combined with any other discount or special.

All payments are final and cannot be changed or refunded once payment has been collected.

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