

Body Treatments

(Continued)

Hot Oil Scalp Treatment

30 Minutes \$55

Specialized aromatherapy infused oil is selected according to your hair type, and massaged into the scalp and throughout every strand of hair. While the oil is given time to penetrate, enjoy your choice of facial massage or foot massage.

~~~~~

## *Cellulite Reduction Treatment*

60 Minutes \$100  
Series of 3 \$270  
(\$300 value)

Thirty minute deep massage starting at your feet, then concentrating on areas prone to cellulite (hips, thighs, buttocks\*). A special firming and toning massage cream is used to break down fatty deposits. Relax in a cocoon of warmth and enjoy a wonderful neck and shoulder massage as products penetrate.

\*If additional treatment areas are desired beyond those specified, a fee of \$5 per requested area will be added to each treatment.

~~~~~

Traveler's Recovery

90 Minutes \$160

Wave goodbye to jet lag, tired achy feet and dehydrated skin with a relaxing journey without ever leaving the spa! This treatment includes a customized aromatherapy full body massage, foot and lower leg recovery, gentle facial exfoliation, and a hydrating facial mask with neck and shoulder massage.

Packages

Special Day of Pampering

3.5 Hours \$230
(\$254 value)

Spend the day being good to yourself. Start with a calming, soothing and relaxing aromatherapy Swedish massage, followed by a one hour Personalized Spa Facial, both complemented by soft lighting and soothing music. To complete this luxurious experience, settle in and relax for your personalized manicure and spa pedicure.

~~~~~

## *Weekly Stay Spa Special*

3 Hours \$265  
(\$297 value)

Treat yourself to three 60-minute aromatherapy Swedish massages, to be used throughout your vacation! (Package must be paid in full at time of first appointment.)

~~~~~

***** Cancellation Policy *****

Any **cancellations or changes** to treatment or appointment time within 24 hours of scheduled services will result in a charge of the full price of your intended session.

~~~~~

### **\*\*\* Gratuities \*\*\***

For your convenience, a 20% gratuity will be added to all nail and spa services, upgrades and add-on services. Additional gratuities are at the guests' discretion.

~~~~~

MM 20141 || CE 9969440

Palm Beach Shores Resort Day Spa



181 Ocean Avenue
Palm Beach Shores, FL 33404

(561) 863-1707

In house extension #1048

~~~~~

### **Spa Hours**

Monday - Saturday ~ 9 am - 6 pm

Sunday ~ 12 noon - 6 pm

\* Appointments for select services available 7:45am - 8pm

# Nail Services

We offer a full service nail salon. While walk-ins are welcome when available, reservations are highly recommended.

Manicure \$20  
Gelish/Shellac Manicure \$40  
Polish Change \$12  
Gelish/Shellac Soak Off \$12  
Polish Change Toes \$16  
Add French Polish \$5

~~~~~

Spa Pedicure

60 Minutes \$55

Relax and recline while your feet soak in a mineral enriched moisturizing whirlpool bath. This ultimate pedicure includes exfoliation, callous treatment, foot mask, lower leg and foot massage and the shaping and painting of your toe nails.

~~~~~

## *Mini Pedicure*

30 Minutes \$35

Short on time? This is the pedicure for you! Our mini pedicure includes everything our Spa Pedicure provides, minus the foot mask and lower leg and foot massage.

~~~~~

Foot Massage

30 Minutes \$35

Enjoy a hot Jacuzzi foot soak, followed by a relaxing and rejuvenating lower leg and foot massage with our signature eucalyptus and peppermint foot balm.

Optional Add-On

Callus eliminator & Foot Scrub \$10

*Prices valid 09/01/2020 - 09/30/2020

Facials

Personalized Spa Facial

60 Minutes \$80

Whatever your skin type, let our highly trained estheticians customize this facial to help you reach your skin care goals. As an added luxury, all facials include hand, arm, face, neck and shoulder massage.

Optional Add-Ons

Eye Puffiness Treatment	\$25
Eye or Lip Wrinkle Treatment	\$25
Floracide Peel	\$30

~~~~~

### *Luminous Anti-Aging Facial*

60 Minutes \$125

Great for sun-lovers! Designed to reduce fine lines, strengthen elasticity, and provide relief for dull, sun-damaged skin. After your European-style deep pore cleansing, a potent concentrate of Vitamin "C" is applied, followed by a micronized seaweed-based massage cream, and ending with lift off Vitamin "C" mask. Your complexion resurfaces renewed, firm and extremely smooth with a luminous glow.

~~~~~

Bio-Therapeutic Facial

75 Minutes \$150

This highly advanced facial will leave you looking and feeling like a million bucks! We begin with microsonic cleansing, followed by ultrasonic exfoliation, a gentle yet effective AquaFuse peel (no down time required), targeted treatment masque and Celluma LED light therapy, and finish with serum, moisturizer and sunscreen to protect your beautiful new skin! A face, arm, hand, neck and shoulder massage takes this amazing facial to a whole new level!

Massages

Swedish Massage

Through light to medium pressure, this full body massage improves circulation and relieves muscle tension.

30 Minutes (Spot Work)	\$50
60 Minutes	\$89
90 Minutes	\$120
Couples Massage	\$190

Optional Add-Ons

Deep Tissue	\$15 per hour
Aromatherapy	\$10

~~~~~

### *Warm Bamboo Massage*

60 Minutes \$95

Your therapist uses varying sizes of heated bamboo rods and long flowing strokes to knead your muscles, providing a deeply relaxing and luxurious massage. The smooth bamboo ends help to focus on all those stubborn 'knots'.

~~~~~

Trigger Point Sports Massage

60 Minutes \$115

This specialty massage addresses common chronic and injury-related pains caused by tension and stress.

~~~~~

### *Hot Stone Massage*

|            |       |
|------------|-------|
| 50 Minutes | \$115 |
| 80 Minutes | \$155 |

~~~~~

Reflexology

Hand and foot massage

30 Minutes	\$55
45 Minutes	\$70

Body Wraps

Seaweed Body Wrap

60 Minutes \$95

Boost your body's efforts to detoxify, remove excess water, and improve elasticity. Our soothing, firming seaweed mask is applied from head to toe. Luxuriate in a cocoon of warmth while your skin benefits from the natural power of seaweed - rich in vitamins, minerals, enzymes and iodine. Once the seaweed works its magic it is rinsed away, and a firming, moisturizing emulsion is applied.

~~~~~

### No-Rinse Wraps

60 Minutes \$95

These wraps feature Marine Magnesium in a light seawater gel base for 100% immediate absorption and require no rinsing - supporting water conservation and sustainability efforts. Reduce muscle tension, stiffening, cramps, spasms, aches and pains, and improve joint discomfort while the products hydrate, nourish and re-mineralize your skin. Keep the product on your skin to reap the benefits all day long!

~~~~~

Crepe-No-More

An anti-aging and firming wrap to reduce crepiness and fat accumulations, smooth skin texture and fat distortion, and deeply hydrate and nourish your skin from head to toe!

~~~~~

### *Cactus & Agave Vita-Repair*

In addition to anti-aging, repairing, smoothing, hydrating, and pain relief, this body treatment includes the added benefit of reducing swelling. Wonderful for anyone who is suffering the side effects of inflammation in the body!

## Body Treatments

### *Papaya Pineapple Exfoliating Body Glow*

45 Minutes \$85

\*Or add onto any full body massage or body treatment for \$75\*

Eliminates dead cells and impurities, refines the epidermis, releases negative ions, reenergizes the skin and renders skin soft and silky. Smells fantastic, feels amazing, and is a wonderful pre-massage treatment!

~~~~~

Sunburn Treatment

30 Minutes \$50

We gently apply Fiji lotion over sunburned skin to relieve discomfort, tone redness, help prevent peeling and preserve your tan. Fiji lotion contains cold-pressed oil from the Dilo tree, which possesses a unique capacity to enhance the skin's own repair mechanism. Helps to soothe pain, irritation and inflammation, and to promote the growth of healthy skin.

~~~~~

### *Back Treatment*

60 Minutes \$85

A facial for your back! Includes steam, cleansing, exfoliating, extractions, massage, masque, and moisturizing.